

We are Healthy

How can I look after myself?

Year 3 and 4

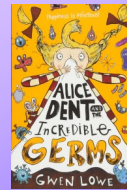


Main Learning focus - Geography

In Geography, we will be learning about food and farming. We will explore different types of farming in the UK to understand how and why different food comes from different places. We will compare this to farming in other places in the world, thinking about where our food comes from - both how it is farmed and how it gets to us.

English

In English, we will be looking at a fantastic non-fiction picture book called 'Gut Garden' we will use this book to help us learn more about microbiomes and we will create a leaflet encouraging people to live a healthy lifestyle.



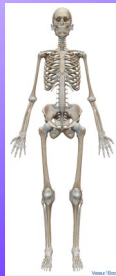
We will also be looking at a book called "Alice Dent and the incredible Germs" by Gwen Lowe. We will be developing our inference skills and understanding.

Mathematics

In maths, we will be exploring money, including adding, subtracting and finding change using pounds and pence. We will be looking at time. We will be telling analogue and digital time, measuring time in seconds, minutes and hours and solving problems involving time. We will also be investigating shape. Where we will be exploring angles, quadrilaterals, polygons and lines of symmetry. We will also be continuing to develop our quick recall of our times tables.

Science

We will look at the different types of nutrition that we need and the importance of a balanced diet. When looking at skeletons, the children will identify that humans and some other animals have skeletons and muscles for support.



Design and Technology

In DT we will be learning more about healthy food, we will design and make a healthy pizza. We will make our own pizza bases and add toppings before tasting and evaluating.



Computing

In this unit, pupils will be using micro-bits to collect and analyse data. We will initially use data to answer questions and then build up to ask, answer and review questions using the our data.

Music

Children will listen to and learn to sing the song 'Lean on me'. Children will use glockenspiel to play along, improvise and compose with. We will listen to other pieces and appraise them discussing style and the feeling the composers wanted to portray.

RE

In R.E., we are looking at the key question 'How do religions express their beliefs about God?'

We will be focussing on Hinduism and Christianity, drawing on everything we have learnt about these religions so far.

PE

The Year Three children will be swimming, whilst the Year Four children practise Tennis skills.

We will also be practising for Sports Day.

French

We will be able to present our knowledge of animals in 5 different habitats in French written form and orally.



Time To Talk

The pupils will consolidate their understanding that a healthy lifestyle includes physical activity, a balanced diet, and rest and relaxation and good hygiene. They will learn why these are all important and share top tips for getting a good nights sleep.